

# Summer Activities

**Welcome to Warriors' Path State Park!** We hope you will enjoy your visit! While you are with us, we invite you to take advantage of the rich natural beauty and wealth of opportunities for enjoyable recreation here at the park.



## **PARK PROGRAM STAFF:**

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### **MONDAY, JULY 6**

- 4:00 PM PINE CONE BIRD FEEDERS** - Let's make a snack for our feathered friends! Meet at the main bath house, and you'll be able to bring back home your own little bird feeder.
- 6:00 PM SOIL STUDIES** - It's not just plain old "dirt!" Come "dig into" some new discoveries about the soil beneath our feet. Meet at the Open Air Chapel.
- 9:00 PM NIGHT WOODS** - It's a whole different world out there at night! Tonight is our chance to discover the peace and the excitement of forest life on the dark side of the day. Bring a dim flashlight to the main bath house, to begin our night hike.

### **TUESDAY JULY 7**

- 9:30 AM HIKE THE BONEYARD** - Come explore a remote corner of Warriors' Path, full of geologic discovery. This will be a challenging 2-3 mile hike, so be sure to wear comfortable clothes, good hiking shoes, and bring some drinking water. Drive to the camper check-in station, and we'll carpool.
- 11:00 AM LEAF ID BOOK** - Leaves are shade on a hot summer day. Leaves are the green carpet of the hills. Leaves are full of amazing stories! Let's find out more about the names and stories of our green neighbors. Meet at the Open Air Chapel, or main bath house if it is raining.
- 12 NOON LIFE ON THE SURFACE** - Right where lakewater meets the air is a unique home for some amazing insects. Meet at the Open Air Chapel to discover more about these "water walkers!"
- 2:00 PM CLAY BEADS** - You can produce some beautiful jewelry with a pinch of clay and your own creativity! Meet at the main bath house.
- 3:00 PM PREDATOR/PREY** - Explore the competition between hunter and hunted. Meet at the Open Air Chapel, or main bath house if it is raining.
- 5:00 PM SEED RACES** - Wind, water, and animals carry seeds of new trees and plants all across the land. Our "wind" can help too! Meet at the Open Air Chapel to show off your "hot air" and plant some new life. Meet at the main bath house if it rains.



## **TUESDAY, CONTINUED**

- 7:00 PM**     **TREE TOOLS** - How big is that tree? How old is it? What wildlife could be hiding in it? Come see and try out some of the tools that foresters use to study and protect our native trees. Meet at the Open Air Chapel, or main bath house if it is raining.
- 9:00 PM**     **FOREST TREES** - Take a “hike” from the comfort of your seat. Enjoy a “tour” of our nearby forest habitats using words and pictures. After the slide show, we’ll share a demonstration of how to identify our local trees. Meet at the Open Air Chapel, or pool entrance if it is raining.

## **WEDNESDAY JULY 8**

- 9:30 AM**     **THE WARRIORS’ PATH** - Why was our park named “Warriors’ Path?” Take a short hike to find out more. Meet at the main bath house.
- 11:00 AM**     **RECYCLE FOR THE BIRDS** - Stop! Don’t throw away that empty milk carton! Bring it to the Open Air Chapel and we’ll recycle it into a useful bird feeder. In case of rain, meet at the main bath house.
- 1:00 PM**     **MYSTERY BAG** - Try your hand at discovering some natural textures. See if you can guess which natural object is which. Meet at the Open Air Chapel, or the main bath house if it is raining.
- 3:00 PM**     **SURVIVAL TECHNIQUES** - Learn what you can do if you ever find yourself lost in the wilderness. Meet at the Open Air Chapel, or the main bath house if it is raining.
- 6:00 PM**     **EVENING BIKE RIDE** - Meet at the camper check-in station and we’ll pedal around the park. Enjoy the cool of the evening, the wind in your face, and the richness of park scenery. Note that ALL riders MUST wear a bike helmet!
- 9:00 PM**     **MOONSHINE** - It’s a part of our Tennessee history and culture. It’s also the stuff of many legends. Come find out the facts about “liquid corn” in this interesting slide show. Meet at at the Open Air Chapel, or pool entrance if it is raining.

## **THURSDAY JULY 9**

- 9:30 AM**     **CRITTER COUNT HIKE** - Park woodlands are amazing rich habitats. Come along on a short hike to count who is at home in the forest. Bring along your best wildlife watching skills, and meet at the main bath house.
- 12 NOON**     **RIPARIAN RETREAT** - Riparian means along the creek bank! Come along for a cool hike near Fall Creek, on the far side of the Devil’s Backbone. Drive to the camper check-in station, and we’ll carpool.
- 2:00 PM**     **CRITTER COMMUNICATION** - Let’s have a friendly chat with our wildlife neighbors. Meet at the Open Air Chapel to find out more about how “critters” talk to each other. In case of rain, meet at the main bath house.
- 3:00 PM**     **TENNESSEE SYMBOLS “JEOPARDY”** - Let’s try out this natural version of the famous game show. Test your skills and see how much you REALLY know about our state. Meet at the Open Air Chapel, or main bath house if it is raining.
- 6:00 PM**     **JUNIOR RANGERS: TRAIL CLEANUP** - Make our park a cleaner, healthier environment! You’ll make a big difference for our earth, and begin to earn your Junior Ranger badge. Meet at the main bath house. Be prepared to get dirty!
- 9:00 PM**     **CHEROKEE CAMPFIRE TALES** - Meet at the campfire circle, and enjoy the stories told by the FIRST travelers along the Warriors’ Path. In case of rain, meet at the pool entrance.

## **FRIDAY JULY 10**

- 9:30 AM**      **EDIBLE PLANTS RAMBLE** - Are they weeds or are they dinner? Learn to make a salad from lawn plants. Meet at the camper check-in station.
- 11:30 AM**      **STICK CRITTERS** - Little twigs that drop from the trees are food and shelter for small creatures. We can also use them to create our own “woody pets!” Meet at the Open Air Chapel.
- 1:00 PM**      **NATURE Pictionary** - Picture this: a nature game for the whole family, with lots of nature discovery built right in! Meet at the Open Air Chapel, or main bath house if it is raining.
- 3:00 PM**      **TURTLE TALK** - Meet some real, live “shelled friends” and find out about their amazing lives. Meet at the Open Air Chapel, or main bath house if it is raining.
- 4:00 PM**      **MAKE YOUR OWN TERRARIUMS** - Build your own miniature green corner of the world! Bring a plastic jar or plastic bottle to the main bath house.
- 7:00 PM**      **TWILIGHT HIKE** - As our day is winding down, many animals are just waking up. Come join us for a cool walk through the woods to look for signs of evening “critters”. Meet at the main bath house.
- 9:00 PM**      **CHEROKEE ASTROLOGY** - The early travelers along the Warriors’ Path took the time to look up at the night sky, to create stories, and to wonder. Come share some of the star legends of the many peoples who have called this land home. Meet at the Open Air Chapel, or pool entrance if it’s raining.

## **SATURDAY JULY 11**

- 9:30 AM**      **SINKING WATERS HIKE** - Come hike through a unique wetland home -- without getting wet! Discover the “sink” of Sinking Waters! Drive to the camper check-in station, and we’ll carpool.
- 11:00 AM**      **WEB OF LIFE** - Every living thing is part of the web! Help us get really “tied up” in our work as we build our own living web. You’ll see natural places like you’ve never seen them before! Meet at the Open Air Chapel, or main bath house if it is raining.
- 12 NOON**      **BIKE HIKE TO HOLSTON BLUFFS** -Enjoy the peaceful morning, the inviting roads, and some hidden corners of our park. Pedal on down to the camper check-in station. Note that ALL riders MUST wear a bicycle helmet!
- 2:00 PM**      **COMPOSTING** - Not your everyday recycling. Find out how to turn trash into garden treasure. Meet at the Open Air Chapel, or main bath house if it’s raining.
- 3:00 PM**      **LIVING DOWNSTREAM** - We are all downstream of the earth’s resources. Enjoy a demonstration to see the connections. Meet at the main bath house.
- 6:00 PM**      **MEET THE OWLS** - Meet some real live feathered hunters. Come to the Open Air Chapel and see “who...” is waiting for you. If it is raining, meet at the main bath house.
- 9:00 PM**      **TENNESSEE SEASONS** - Enjoy a tour of all four seasons in the hills of Tennessee. With words and pictures, we will experience the excitement of year-round discovery. Meet at the Open Air Chapel, or pool entrance if it is raining.

## **SUNDAY, JULY 12**

- 9:30 AM**      **WORSHIP SERVICE** - Enjoy a peaceful morning worship service at the Open Air Chapel, or at the pool entrance if it is raining. Sponsored by the Colonial Heights Baptist Church